



## 服務宗旨 Service Objective



心理健康及輔導中心由臨床心理學家、心理輔導員及社工組成，為學生提供專業的心理及輔導服務，協助學生適應大學生活，推廣心理健康並促進個人成長。

Wellness and Counselling Centre (WACC) is run by a professional team of counsellors with training backgrounds in clinical psychology, social work and/or counselling. The Centre offers a range of psychological and counselling services to assist students to overcome difficulties in adjusting to university life, to promote mental wellness, and to achieve personal growth.



## 預約方法 Make an Appointment

除了致電或親臨本中心外，你亦可於網上預約輔導服務。

Other than calling or visiting us, you can make an appointment through our website.



## 聯絡我們

- 地址：香港中文大學龐萬倫學生中心2樓
- 電話：3943 7208
- 傳真：2603 7388
- 電郵：wacc@cuhk.edu.hk
- 網址：wacc.osa.cuhk.edu.hk



## 辦公時間

- 星期一至四 上午8時45分至下午1時；  
下午2時至5時30分
- 星期五 上午8時45分至下午1時；  
下午2時至5時45分



\*辦公時間外，如在校園需要緊急協助，請聯絡宿舍/書院職員或保安組（電話：3943 7999）



## Contact Us

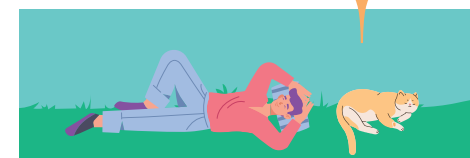
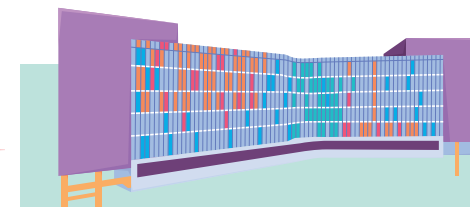
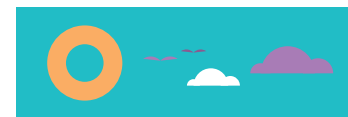
- Address: 2/F, Pommerenke Student Centre, The Chinese University of Hong Kong
- Tel: 3943 7208
- Fax: 2603 7388
- Email: wacc@cuhk.edu.hk
- Website: wacc.osa.cuhk.edu.hk



## Office Hours

- Mon - Thu 8:45 am - 1:00 pm; 2:00 pm - 5:30 pm
- Fri 8:45 am - 1:00 pm; 2:00 pm - 5:45 pm

\*For emergency assistance on campus outside office hours, please contact hostel/college staff or security office (Tel: 3943 7999).



香港中文大學  
**CUHK**

學生事務處心理健康及輔導中心  
**Wellness and Counselling Centre  
Office of Student Affairs**

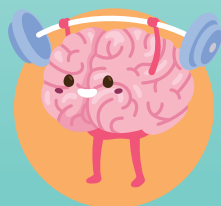


心理輔導服務  
Psychological counselling  
services



新生心理健康測試  
Mental health screening  
for new students

心理健康活動及訓練  
Mental health initiatives  
and trainings



對象  
Target



所有已註冊的中大全日制  
本科生及研究生均可享用  
我們的免費輔導服務。  
All registered full-time  
undergraduate and  
postgraduate students of  
CUHK are eligible for our  
free counselling services.

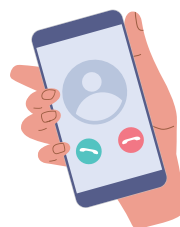


WACC x 心導遊+計劃  
WACC x TourHeart+

特殊教育需要學生支援服務  
Support services for students  
with Special Educational Needs  
(SEN)



一站式心理健康資訊平台  
One-stop online platform  
for mental health  
information



中大24小時情緒支援熱線  
CUHK 24-hour Emotional  
Support Hotline

5400 2055



朋輩支援網絡  
Peer Support Network



多元文化心理支援服務  
Multicultural Psychological  
Support Service (MPSS) for  
non-local students

以學生心理健康為主題的  
教職員培訓及專業諮詢

In-service training and professional  
consultation to staff on student  
mental health issues

