# The Chinese University of Hong Kong Office of Student Affairs Wellness and Counselling Centre



## uShine SEN Service Team Application Guidelines

### Criteria

Applicants must be full-time non-final year undergraduate students of The Chinese University of Hong Kong.

### **Application and selection procedures**

- 1. Applicants should complete and submit the online application form.
- 2. Applicants will be shortlisted for interview and personality inventory. The interview will be conducted from October 14 November 1, 2024. The selection result will be released by November 8, 2024.
- 3. Successful candidates are required to pay a deposit of HK\$500. Deposits will be refunded upon the completion of the training (over 80% attendance of training) and the service projects.

#### **Obligations**

1. Attend all training sessions, adventure camp, and workshops. (All training will be mainly conducted in Cantonese)

Date & Time		Training
3 Jan, 2025 (Fri)	2:30 pm – 4:30 pm	Orientation
17 – 19 Jan, 2025 (Fri to Sun)		Adventure Training Camp (3-days-2-nights overnight camp) in building team spirit and enhancing self-confidence
10 Jan, 2025 (Fri) 7 Feb, 2025 (Fri)	5:00 pm – 7:30 pm	Basic Helping Skills Training
21 Feb, 2025 (Fri)	3:30 pm – 5:30 pm	Handover Ceremony
14 Mar, 2025 (Fri)	2:30 pm – 5:00 pm	Training on Supporting Peers with Attention-deficit / Hyperactivity Disorder, Autism Spectrum Disorder, and Specific Learning Difficulties
21 Mar, 2025 (Fri)	2:30 pm – 5:00 pm	Sign Language and Deaf Culture Experiential Workshop
4 & 6 Jun, 2025 (Wed & Fri)	10:00 am – 5:00 pm	12-Hours Mental Health First Aid Standard Course

2. Organize service projects to raise awareness and understanding of SEN among the CUHK community, support students with SEN in their adjustment to campus life, and participate in the recruitment, SEN and inclusive culture promotion booth. (Total service hours: 18 hours)

# **Qualifications**

Upon completion of all trainings and service projects, uShiners will obtain the following qualifications:

- ♦ CUHK uShine Certificate
- ♦ Mental Health First Aid Certificate
- ♦ Eligible for the election of 'Best Service Project of the Year' and 'Best uShiners of the Year'
- ♦ A summer internship opportunity in SEN service provider/ NGO/ social enterprise, subject to screening and selection by respective organizations
- ♦ The qualification obtained will be recorded in the Student Development Portfolio (SDP)

Application deadline: October 4, 2024 Enquiry: sens@cuhk.edu.hk